



Weekly Update

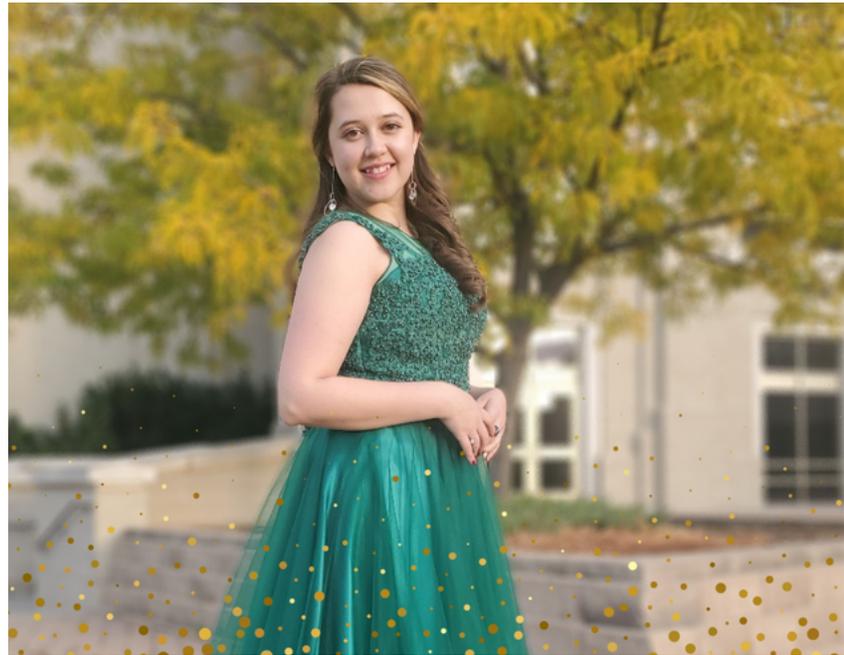
November 7, 2022

Student Spotlights

Crystal Lovato

Crystal Lovato has her Senior Soprano Recital coming up on Nov 12, 4 pm, at Goranson Hall, featuring Shelbie Jenkins Romriell on clarinet and Jack de Tombe on piano.

Crystal's senior thesis defense for her Honor's degree will be on Nov 17, 11:30 am, in REND 329, titled "Identifying the metal-binding determinants of phosphoglucomutase from *Streptococcus pneumoniae* D39."



Jess Chalette

Jess Chalette has their senior thesis defense for their Honor's degree on Nov 17, 3:30 pm, in REND 313, titled "Transformational Leadership Theory and Design Thinking: A Personal Case Study Exploration of Theoretical Connections and Future Application."

Call for Plastic Bag Donations

Did you know that over 5 trillion plastic shopping bags end up in a landfill every year? Help us decrease plastic waste on campus! From now until November 13th, instead of throwing them away, drop your bags off at the front desk of the Student Success Center located on the third floor of the Rendezvous building for Conner. Believe it or not, these plastic bags can be used to create sleeping mats for people experiencing homelessness in our community.

In the last decade, the population of people experiencing homelessness in Idaho has increased by 23% and more and more people are finding themselves sleeping outside. These mats provide a barrier between the ground and the person, keeping them dryer, cleaner, and more comfortable. Every person deserves a good night's sleep- your donation will help make that a reality!

Honors Marketing CPI Position

Interested in developing your skills in brand management, marketing, and social media?

Consider applying for the Honors Marketing CPI [here](#)! Please review the duties [outlined](#) and submit the application by Monday, November 14th, 2022 at 11:59pm MST. Candidates will be invited to interview with Jacob Andrysiak the week of November 14th.

Envoy Position Open

The UHP Information Management Envoy position spans a variety of work opportunities and experience. Applicants must be interested in performing at or more duties listed below:

- Perform updates to the UHP website. (ISU CMS Training is required and provided. www.isu.edu/cms/)
- Manage email and paper recruiting and application materials. (Constant Contact and envelope stuffing)
- Editing recruiting and application material. (Using Adobe programs to change text and images in documents, and possibly, create documents)

Please submit your application [here](#) by Monday, November 14th, 2022 at 11:59pm MST. The position includes a \$300 scholarship and \$9/hr for all work done. Candidates will be notified of the Envoy selection by December 1st, 2022.

Upcoming UHPC Events

Trivia Night!

Saturday, November 12th!

Doors Open 6:30pm; Trivia 7:00 - 9:00pm

Location: Pond Student Wood River Rooms

Prizes for the top 3 teams!

1st - \$100 2nd - \$50 3rd - \$25

Free admission for all!

[RSVP Here!](#)

Volleyball Game

Thursday, November 17th

7pm

Reed Gym

ISU Women's Volleyball against the Montana Grizzlies!

Craft Nights

Tuesday, November 15th and Tuesday, November 29th

Time TBA

ISU Craft Shop

Come and create a coil pot with UHPC and then finish your creation by glazing your pot two weeks later!

Game Night

Wednesday, November 30th

7pm

Location TBA

Join us for a fun night of games and snacks!

Winter Ball and Fall Recognition Event

Saturday, December 3rd

8-10pm

Assemble Event and Learning Center

Join us as we celebrate Honors Graduates with a Winter Dance!

Bingo

Tuesday, December 6th

7pm

SUB Ballroom

Bring your friends to play and win prizes!

THE FESTIVAL OF TREES NEEDS VOLUNTEERS!

The Festival of Trees is a tradition that transforms the Stephen's Performing Arts Center with beautifully decorated holiday trees and displays, bringing the community together. This year the coordinators of the Festival of Trees are looking for volunteers! Volunteer slots are needed for the following dates and times (volunteer shifts range from 2-3 hours):

- Wed, Nov 16: 5:00 pm - 9:30 pm
- Thurs, Nov 17: 12:00 pm - 8:00 pm
- Fri, Nov 18: 12:00 pm - 8:00 pm
- Sat, Nov 19: 9:00 am - 8:00 pm

If you are interested in volunteering please email Laura McRae, the volunteer coordinator, at lauramcrae@isu.edu

NOTE: Volunteering at this event will satisfy your civic engagement requirement if you email a selfie of you volunteering at this event to honorclub@isu.edu

ASIST Suicide Intervention Training Opportunity

Public Health AmeriCorps with Idaho State University is hosting an ASIST Training on November 17 & 18. The training is a free, two day workshop, focused on suicide intervention skills. All attendees become certified ASIST Interventionists. Attached is a flyer with additional information about the training and how to register, if you have any questions, please reach out to Laura Brenchley at irh@isu.edu.



The flyer features a green and white color scheme with geometric patterns on the sides. At the top, it displays the AmeriCorps Idaho logo, the Idaho State University logo, and the Kasiska Division of Health Sciences logo. The main title is 'ASIST' with a cross icon, followed by the slogan 'Learn the skills. Help save a life.' Below this, it states 'Suicide is preventable. Anyone can make a difference.' and lists three bullet points: 'Two-day workshop in suicide intervention skills', 'Learn and practice a life-saving intervention model', and 'Widely used by professionals and the general public'. Two rounded rectangular boxes contain statistics: 'ASIST changes lives' (35% more hopeful, 31% less depressed, 46% less overwhelmed) and 'ASIST works' (Knowledge about suicide, Skills to reach out, Confidence to help save a life). The event details are listed as 'Free ASIST Workshop' on 'NOVEMBER 17 & 18' from '8:00AM - 5:00PM' at 'IDAHO STATE UNIVERSITY NORTH FORK ROOM STUDENT UNION BUILDING 921 S. 8TH AVE. POCATELLO, ID 83201'. A QR code is located on the right side. At the bottom, it says 'BECOME A CERTIFIED ASIST INTERVENTIONIST' and provides registration information: 'Register with the QR code or for questions, contact Laurie Brenchley at Idaho State University at irh@isu.edu or 208.282.1366'. A small disclaimer at the very bottom states: 'This material is based upon work supported by AmeriCorps under AmeriCorps Grant No.22ACDID0020001. Opinions or points of view expressed in this document are those of the authors and do not necessarily reflect the official position of, or a position that is endorsed by, AmeriCorps or the AmeriCorps program. Administered by Serve Idaho and Sponsored by AmeriCorps. Program funding is provided in part by Serve Idaho. Hosted by the Idaho State University Kasiska Division of Health Sciences.'

AmeriCorps Idaho | **Idaho State University** | Kasiska Division of Health Sciences

Gem State Public Health AmeriCorps Presents:

ASIST

Learn the skills. Help save a life.

Suicide is preventable. Anyone can make a difference.

- Two-day workshop in suicide intervention skills
- Learn and practice a life-saving intervention model
- Widely used by professionals and the general public

ASIST changes lives
Odds of improvement after receiving an ASIST intervention (2013 study):

- * 35% more hopeful
- * 31% less depressed
- * 46% less overwhelmed

ASIST works
Studies show that ASIST participants gain:

- * Knowledge about suicide
- * Skills to reach out
- * Confidence to help save a life

Free ASIST Workshop

NOVEMBER 17 & 18
8:00AM - 5:00PM
IDAHO STATE UNIVERSITY
NORTH FORK ROOM
STUDENT UNION BUILDING
921 S. 8TH AVE.
POCATELLO, ID 83201

BECOME A CERTIFIED ASIST INTERVENTIONIST

Register with the QR code or for questions, contact Laurie Brenchley at Idaho State University at irh@isu.edu or 208.282.1366

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