



## **Idaho State University PMHNP Program (Core Clinical Courses)**

### **NURS 6611L Advanced Health Assessment (144 hours)**

- Demonstrate competency with physical assessment techniques and other laboratory and diagnostic testing.
- Collect, organize, and record pertinent data regarding an individual's health status and demonstrate critical reasoning in the systematic use of the data in an advanced-level clinical decision-making process for the individual patient.
- Describe the role of the advanced practice nurse in identifying disease states, health education, and health promotion.

**Placements:** primary care, physical therapy, correctional facility

### **NURS 7745L PMHNP Clinical I: Adult & Geriatric (240 hours)**

- Apply therapeutic communication techniques for assessing mental illness, substance use, and the potential for health promotion and risk reduction.
- Assess the patient's and family's historical and current use patterns; include any past or current treatment for substance abuse.
- Document and communicate psychiatric evaluation, intervention, and follow-up in a retrievable form.
- Select and organize salient data to concisely describe the patient's clinical presentation and response to treatment, and to justify diagnostic and treatment decisions.
- Determine the role of substance use/abuse in the current clinical presentation; distinguish substances related to other underlying psychiatric mental health issues.
- Differentiate diagnoses and construct treatment recommendations appropriate to clients.
- Engage and collaborate effectively with other members of the treatment team and the system of care.

**Placements:** behavioral health adult inpatient/outpatient

### **NURS 7755L PMHNP Clinical II: Family & Pediatrics (240 hours)**

- Apply therapeutic communication techniques for assessing mental illness, examining family dynamics, and establishing the potential for health promotion and risk reduction.
- Assess the patient's and family's history to determine heritable patterns of mental disorders.
- Document and communicate psychiatric evaluation, intervention, and follow-up in a retrievable form.
- Evaluate the role of the patient's developmental level in determining the presentation of symptoms.
- Select and organize salient data to concisely describe the patient's clinical presentation and response to treatment, and to justify diagnostic and treatment decisions.
- Differentiate diagnoses and construct treatment recommendations appropriate to clients.



- Engage and collaborate effectively with other members of the treatment team and the system of care.

**Placements:** behavioral health pediatrics inpatient/outpatient

**NURS 7795L Psychotherapy for PMHNP Clinical (96 hours)**

- Compare, contrast, and differentiate between therapy models.
- Critically analyze the theories and models of brief therapies in the context of advanced psychiatric mental health nursing practice.
- Demonstrate the development of short-term therapeutic goals and treatment plans with intervention strategies.
- Demonstrate an understanding of the development of therapeutic relationships as the basis for assessment and intervention.
- Monitor countertransference to avoid subjective errors in reporting.
- Develop a biopsychosocial formulation and identify appropriate strategies and interventions for stabilization.
- Demonstrate an understanding of context of the treatment environment and clinical issues in determining intervention approaches.

**Placements:** behavioral health inpatient, behavioral health outpatient, correctional facility, group/individual therapy

**NURS 7798L PMHNP Practicum: Integrated Care (288 hours) (Total Program Clinical Hours: 1008)**

- Integrate and expand upon skills learned in the previous clinical course.
- Differentiate diagnoses and construct treatment recommendations to clients and the population where appropriate
- Engage and collaborate effectively with other members of the treatment team and the system of care.
- Explore issues within the health care delivery system that affect the role of the psychiatric mental health nurse practitioner.
- Integrate teaching and learning principles in individual practice and in developing the role of the psychiatric mental health nurse practitioner as a health educator.
- Evaluate personal needs for continued learning and professional development as a psychiatric mental health nurse practitioner

**Placements:** behavioral health inpatient, behavioral health outpatient, correctional facility, emergency room (limited to BH)

**Skills:** Dialectical Behavioral Therapy, Cognitive Behavioral Therapy, Motivational Interviewing, Electroconvulsive Therapy (ECT), Alpha Stim Therapy, Medication Management Therapy, Alternative/Integrative Therapies (mindfulness, progressive muscle relaxation, guided imagery, neurofeedback/biofeedback), etc.



**Idaho State  
University**

**Preceptor Tool Kit:**

[Dashboard \(isu.edu\)](#)

**ISU SON Website:**

[Doctor of Nursing Practice \(DNP\) | Idaho State University \(isu.edu\)](#)

**Typhon Website:**

[Typhon Group](#)

**Site Visits:** One site visit will be completed per semester either virtual or in person. Site visits will be arranged by the clinical instructor in coordination with the student and preceptor either via email or telephone.

**Contact Information:**

Kristy Crownhart, DNP, APRN, FNP-C, DNP Coordinator, [208-373-1852](tel:208-373-1852), [crowkri2@isu.edu](mailto:crowkri2@isu.edu); Kristie Carlsen, DNP Clinical Placement Coordinator, [kristiecarlsen2@isu.edu](mailto:kristiecarlsen2@isu.edu), (208) 282-3896; Please coordinate with your student for Instructor contact information.