



# Understanding Poverty and Building Resilience in Young Learners

## Course Syllabus

### Course Description

This course offers a comprehensive exploration of the intersection between poverty and education. Participants will begin by examining the definitions, statistics, and real-world impacts of poverty on child development and learning. The course then delves into the psychological effects, focusing on stress and trauma, and the essential role educators play in supporting mental health. Strategies for building resilience and fostering a growth mindset in students are covered, alongside techniques for creating a supportive, inclusive classroom environment. The course also addresses academic challenges specific to children in poverty, offering differentiated instruction strategies and methods for enhancing motivation. Finally, participants will engage with family and community collaboration strategies, policy understanding, and advocacy, culminating in practical applications through case studies and the development of personalized action plans.

This course enhances classroom teaching effectiveness and supports improved student outcomes by introducing new knowledge in trauma-informed pedagogy and the effects of poverty-sensitive intervention strategies.

### Course Objectives

At the end of this course you should be able to:

1. Define and articulate the key concepts and statistics related to poverty and its impact on education.
2. Identify the psychological effects of poverty on young learners, including signs of stress and trauma.
3. Implement strategies to build resilience, foster a growth mindset, and enhance self-efficacy in students.
4. Apply inclusive teaching practices and create a supportive classroom environment tailored to the needs of children in poverty.
5. Design and execute differentiated instructional strategies to overcome academic barriers faced by impoverished students.
6. Effectively engage with families and communities to support the educational and emotional needs of children in poverty.
7. Advocate for educational policies and collaborate with policymakers to address the needs of students in poverty.
8. Develop and apply personalized action plans based on real-world scenarios and case studies to support individual learners.



## **Modules**

- Module 1: Understanding the Relationship Between Poverty and Education, Quiz 1
- Module 2: Supporting Mental Health: Addressing Stress and Trauma in Young Learners, Quiz 2
- Module 3: Fostering Resilience: Empowering Young Learners Through Growth Mindset and Self-Efficacy, Quiz 3
- Module 4: Creating a Nurturing Classroom: Strategies for Supporting Students in Poverty, Quiz 4
- Module 5: Addressing Academic Challenges, Quiz 5
- Module 6: Strengthening Partnerships: Engaging Families and Communities in Student Success, Quiz 6
- Module 7: Equity in Educational Opportunities for Children in Poverty, Quiz 7
- Module 8: Equity in Educational Opportunities for Children in Poverty, Quiz 8

## **Grading:**

Each quiz must be passed at an 80% or higher (three attempts allowed).

## **Format**

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find reflection assessments that are not graded but will help in your journey through the course. There is an interactive forum in the course to help you connect with peers and instructors, share ideas, and collaborate on best practices throughout your learning journey.