



Trauma Informed Classroom

Course Syllabus

Course Description

Every year children enter classrooms with a higher likelihood of childhood trauma. Incarceration, divorce, abuse of all forms, and children's mental health issues are just the tip of the iceberg of trauma that teachers are dealing with on a daily basis in their classrooms. In this course, participants will learn to identify various traumas that affect learners in today's classrooms. Participants will learn to develop specific behavior strategies and plans to help learners suffering from childhood trauma, so they can be successful learners in the classroom. This course is geared toward Tier 2 and 3 level behaviors in the RTI process.

This course enhances classroom teaching effectiveness and supports improved student outcomes by introducing new knowledge in how to recognize signs of trauma in children, implement trauma-informed classroom strategies, and create a supportive classroom environment that promotes student success and educator well-being.

Course Objectives

At the end of this course you should be able to:

1. Identify various traumas affecting learners in schools today.
2. Identify the key components of a trauma informed school/classroom.
3. Implement trauma sensitive strategies.

Modules

- Module 1: Trauma (Estimated Time is 6 hours)
 - Activity: Module Challenge
 - Activity: (4) Articles
 - Activity: (9) Videos
 - Activity: (4) Forums
 - Module Wrap Up
 - Quiz
 - [Sample Resource](#)
- Module 2: Building a Framework (Estimated Time is 5.5 hours)
 - Activity: Module Challenge
 - Activity: (7) Articles
 - Activity: (4) Videos
 - Activity: (2) Forums
 - Module Wrap Up
 - Quiz
 - [Sample Resource](#)
- Module 3: Building Resiliency with the Essentials (Estimated Time is 6 hours)
 - Activity: Module Challenge

- Activity: (8) Articles
- Activity: (5) Videos
- Activity: (1) Forum
- Module Wrap Up
- Quiz
- [Sample Resource](#)
- Module 4: Strategies for Trauma-Informed Schools (Estimated Time is 5.5 hours)
 - Activity: Module Challenge
 - Activity: (6) Articles
 - Activity: (5) Videos
 - Activity: (3) Forums
 - Module Wrap Up
 - Quiz
 - [Sample Resource](#)
- Module 5: Intensive Interventions (Estimated Time is 5 hours)
 - Activity: Module Challenge
 - Activity: (5) Articles
 - Activity: (5) Videos
 - Activity: (1) Forum
 - Module Wrap Up
 - Quiz
 - [Sample Resource](#)
- Module 6: PACE (Estimated Time is 6 hours)
 - Activity: Module Challenge
 - Activity: (6) Articles
 - Activity: (7) Videos
 - Activity: (4) Forums
 - Module Wrap Up
 - Quiz
 - [Sample Resource](#)
- Module 7: Discipline Practices (Estimated Time is 6 hours)
 - Activity: Module Challenge
 - Activity: (9) Articles
 - Activity: (6) Videos
 - Activity: (1) Exercise
 - Activity: (1) Forum
 - Module Wrap Up
 - Quiz
 - [Sample Resource](#)
- Module 8: Educators, Take Care of Yourselves! (Estimated Time is 5 hours)
 - Activity: Module Challenge
 - Activity: (12) Articles
 - Activity: (3) Videos
 - Activity: (1) Forum
 - Module Wrap Up
 - Quiz
 - [Sample Resource](#)

Grading

Each quiz must be passed at an 80% or higher (three attempts allowed).

Format

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find readings that will help you to answer quiz questions. There is an interactive forum in the course to help you connect with peers and instructors, share ideas, and collaborate on best practices throughout your learning journey.

Miscellaneous

ISU is accredited through the Northwest Commission on Colleges and Universities (NWCCU). This course aligns with Colorado Educator and/or Special Service Provider Standards as follows:

- Teachers demonstrate mastery of and pedagogical expertise in the content they teach.
- Teachers establish a safe, inclusive and respectful learning environment for a diverse population of students.
- Teachers plan and deliver effective instruction and create an environment that facilitates learning for their students.
- Teachers demonstrate professionalism through ethical conduct, reflection, and leadership.