



Implementing Outdoor Adventure Education Into Your School, Albion

Course Syllabus

Course Description

This professional development course will help educators understand the importance of outdoor adventure education, learn how to design a course specifically for their school's physical education department, discover how to effectively pitch a new program, and explore the benefits this type of program can have for students.

Educators will develop a tailored implementation plan and explore various strategies for integrating outdoor adventure education into their school's curriculum, based on the unique needs and available resources of their school. Outdoor Adventure Education includes activities like fishing, rock climbing, biking, knot tying, camping, campfire cooking, and so much more.

Course Objectives

At the end of this course you should be able to:

1. Explain the principles and benefits of Outdoor Adventure Education.
2. Analyze how Outdoor Adventure Education aligns with state and national physical education standards.
3. Assess the need for an Outdoor Adventure Education program at schools.
4. Design age-appropriate activities and lessons tailored to the needs of students and the community.
5. Develop a structured implementation plan to propose an Outdoor Adventure Education Program to a school administration.
6. Construct a comprehensive program that actively engages students in outdoor activities and fosters a long-term interest in the outdoors.
7. Design a realistic curriculum utilizing available resources effectively.
8. Develop a strategic plan for incorporating seasonal and weather-appropriate activities into the curriculum.

Modules

- Module 1: How can the Outdoors be Used for Students to Enhance their Lives, Quiz 1
- Module 2: Outdoor Adventure Education Aligned with State and National Standards, Quiz 2
- Module 3: Assessing Interest for Outdoor Adventure Education at Schools, Quiz 3
- Module 4: Age Appropriate Lessons for School and Community, Quiz 4
- Module 5: Ways to Pitch a New Course to Administration, Quiz 5
- Module 6: Creating Lifelong Outdoor Learners, Quiz 6



- Module 7: Developing a Realistic Outdoor Adventure Education Curriculum Using Available Resources, Quiz 7
- Module 8: Learn How To Plan for Specific Environments and Climates, Quiz 8

Grading:

Each quiz must be passed at an 80% or higher (three attempts allowed).

Format

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find reflection assessments that are not graded but will help in your journey through the course.