



Addressing Bullying and Aggression in Schools

Course Syllabus

Course Description

Bullying has always existed; however, with social media and the immediate access to technology, everyone is more aware of this issue. In order for schools to respond appropriately to aggression and bullying, they must understand the reasons behind those behaviors. All behaviors are a form of communication. A school has the responsibility to create safe learning environments where students feel welcome and comfortable attending their classes. When that does not happen, it causes a negative impact on the student's health and academics. In this course, participants will first identify the reasons why students bully and exhibit aggressive behaviors and the impact this has on the student who is the victim of bullying. In part two, participants will learn about the different ways bullying occurs both in and out of the school building. Participants will also learn the warning signs that someone is being bullied. In the third and final part of this course, participants will understand the school's role in responding to aggression and bullying by reviewing local and federal laws. Participants will understand how parents, communities, and schools can prevent bullying from occurring and how to work together as a team to respond to these situations.

Course Objectives

At the end of this course you should be able to:

1. Identify what bullying is and why it occurs.
2. Identify the impact of bullying and aggression on students, schools, and communities.
3. Describe the warning signs that someone is being bullied, a victim of aggression, or becoming a bully.
4. Identify current ways schools respond to bullying and aggressive behaviors.
5. Identify local and federal laws in place to protect students from being the victims of bullying.
6. Identify preventions to bullying through the use of social emotional learning and other resources available at the school level and within the community.

Modules

- Module 1: Behind the Hurt: What is Bullying and Why Bullying Happens, Quiz 1
- Module 2: The Ripple Effect of Bullying and Aggression on Students, Schools, and Communities, Quiz 2
- Module 3: Spotting the Signs: Recognizing Bullying, Aggression, and Potential Harmful Behaviors, Quiz 3
- Module 4: Responding to the Challenge: How Schools Tackle Bullying and Aggression, Quiz 4
- Module 5: Legal Protections: Understanding Laws That Safeguard Students from Bullying, Quiz 5



- Module 6: Preventing Bullying: Leveraging Social-Emotional Learning and Community Resources, Quiz 6

Grading:

Each quiz must be passed at an 80% or higher (three attempts allowed).

Format

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find reflection assessments that are not graded but will help in your journey through the course.