



Department of Counseling

**CLINICAL MENTAL HEALTH COUNSELING
LEADING TO THE DEGREE
MASTER OF COUNSELING (M.COUN.)**

The Masters of Counseling specialty practice area in Clinical Mental Health Counseling is a generalist practice area designed to prepare counselors to provide individual counseling services to a diverse range of clients in various settings. This counseling specialty practice area emphasizes wellness, development, and advocacy related to clients and the community. Some of the settings where students have served practicum and internships are: mental health centers, group and private practices, and alcohol and substance abuse centers. Within their internship, students are encouraged to work with individuals, groups, and couples and families.

A. **General Residency Requirement.** For the Master of Counseling (M.COUN.) specialty practice area, the student is required to complete the equivalent of at least four full semesters of resident graduate study beyond the bachelor's degree. The minimum Clinical Mental Health Counseling program must total 60 semester hours.

B. **Specific Counseling Specialty Practice Area Requirements**

COUN 6690	Foundations of Clinical Mental Health Counseling	3 credits
COUN 6691	Professional Issues in Clinical Mental Health Counseling	3 credits
COUN 6697	Practicum in Counseling	2 credits
COUN 6697L	Practicum in Counseling Lab	0 credits
COUN 6698	Internship in Counseling	18 credits*
COUN 6698L	Internship in Counseling Lab	0 credits

C. **General Degree Requirements**

COUN 6611	Applied Statistics and Research	2 credits
COUN 6612	Assessment and Diagnosis in Counseling	3 credits
COUN 6614	Lifespan Development	2 credits
COUN 6621	Professional Orientation and Ethics	2 credits
COUN 6623	Lifestyle and Career Development	2 credits
COUN 6624	Cultural Counseling	3 credits
COUN 6625	Crisis Intervention and Trauma	3 credits
COUN 6627	Conceptualizing Counseling Theory	3 credits
COUN 6630	Addictions Counseling	3 credits
COUN 6660	Theories of Family and Couple Counseling	3 credits
COUN 6677	Group Counseling Techniques	3 credits
COUN 6696	Prepracticum Counseling Techniques	3 credits
	COUNSELING ELECTIVES	2 credits
	Total Credits	60 credits

*Must total 18 credits across all semesters
Curriculum Effective August 2025 - Rev. 05/2025

Course Sequence

FIRST YEAR

Fall Semester

COUN 6621	Professional Orientation and Ethics	2 credits
COUN 6624	Cultural Counseling	3 credits
COUN 6627	Conceptualizing Counseling Theory	3 credits
COUN 6690	Foundations of Clinical Mental Health Counseling	3 credits
COUN 6696	Prepracticum Counseling Techniques	3 credits

Spring Semester

COUN 6623	Lifestyle and Career Development	2 credits
COUN 6625	Crisis Intervention and Trauma	3 credits
COUN 6660	Theories of Family and Couple Counseling	3 credits
COUN 6691	Professional Issues in Clinical Mental Health Counseling	3 credits
COUN 6697	Practicum in Counseling	2 credits
COUN 6697L	Practicum in Counseling Lab	0 credits
	Counseling Elective*	1-2 credits

Summer Session

COUN 6698	Internship in Counseling	1-2 credits
COUN 6698L	Internship in Counseling Lab	0 credits
	Counseling Elective*	1-2 credits

SECOND YEAR

Fall Semester

COUN 6612	Assessment and Diagnosis in Counseling	3 credits
COUN 6614	Lifespan Development	2 credits
COUN 6677	Group Counseling Techniques	3 credits
COUN 6698	Internship in Counseling	1-9 credits
COUN 6698L	Internship in Counseling Lab	0 credits
	Counseling Elective*	1-2 credits

Spring Semester

COUN 6611	Applied Statistics and Research	2 credits
COUN 6630	Addictions Counseling	3 credits
COUN 6698	Internship in Counseling	1-9 credits
COUN 6698L	Internship in Counseling Lab	0 credits
	Counseling Elective*	1-2 credits

Total Credits 60 credits

**Indicates a semester in which taking an elective is possible, not required. Only 2 elective credits are needed for this specialty practice area.*

Curriculum Effective August 2025 - Rev. 05/2025