

## CATS 2021 Enrollment Criteria for Clinical Service Eligibility

Individuals are eligible for services if:

1. Enrolled for at least one credit hour for the semester in which they are requesting services.
2. Summer:
  - Any summer term credit hour creates eligibility for the duration of all summer blocks.
  - Individuals not enrolled in summer credits are still eligible for counseling if they were enrolled in the immediately previous spring term, upcoming fall term, *and* live in ISU Housing, are participating in NCAA athletic team activities, or are engaged in ongoing research or other affiliation with ISU.
3. Students are eligible for services starting the first day of the semester in which they have enrolled, move into ISU housing, or initiation of other exclusively ISU activities (e.g. starting practice with ISU NCAA athletic team).
4. Students who are also benefit-eligible employees or dual-enrolled high school students will be referred to outside resources (e.g. EAP or high school counselors).
5. Students residing outside the state of Idaho are eligible for services through MySSP.
6. Students who withdraw mid-semester:
  - If a student is a current client of CATS, the clinician will conduct a professionally responsible (in accordance with professional ethical standards) transition/termination of care to a provider who can continue to see them regardless of whether they are a student at ISU.
  - If the former student is not already a client of CATS, rather than initiate services with someone who is now a non-student, CATS will assist the individual in finding community mental health supports.
7. Extensions of eligibility are also allowed if the treating clinician consults with the Director of Counseling and Testing Service and it is determined that continuing to provide services is clinically indicated for professional, ethical, and safety reasons. This would only be done on a limited basis until either an ethical referral of the non-student can take place or to bridge across a brief period of ineligibility (e.g. summer) when there is a significant safety or continuity of care issue that would clearly bring harm to the client if there were a disruption in service. The maximum duration for any such extension would be 3-4 months (equivalent to the duration of a summer break). Additionally, if an extension is granted but a student then decides not to re-enroll, the timeline will be truncated and the clinician will conduct an ethical and reasonable transfer of services to an outside provider to be concluded in a professionally reasonable timeline.

