



# Trauma Informed Classroom

## Course Syllabus

### Course Description

Every year children enter classrooms with a higher likelihood of childhood trauma. Incarceration, divorce, abuse of all forms, and children's mental health issues are just the tip of the iceberg of trauma that teachers are dealing with on a daily basis in their classrooms. In this course, participants will learn to identify various traumas that affect learners in today's classrooms. Participants will learn to develop specific behavior strategies and plans to help learners suffering from childhood trauma, so they can be successful learners in the classroom. This course is geared toward Tier 2 and 3 level behaviors in the RTI process.

### Course Objectives

At the end of this course you should be able to:

1. Identify various traumas affecting learners in schools today.
2. Identify the key components of a trauma informed school/classroom.
3. Implement trauma sensitive strategies.

### Module

- Module 1: Trauma, Quiz 1
- Module 2: Building a Framework, Quiz 2
- Module 3: Building Resiliency with the Essentials, Quiz 3
- Module 4: Strategies for Trauma-Informed Schools, Quiz 4
- Module 5: Intensive Interventions, Quiz 5
- Module 6: PACE, Quiz 6
- Module 7: Discipline Practices, Quiz 7
- Module 8: Educators, Take Care of Yourselves!, Quiz 8

### Grading

Each quiz must be passed at an 80% or higher (retakes allowed).

### Format

This is a self-paced, asynchronous (no required live meetings) course. Throughout the PD course, you will find it helpful to take notes along the way to assist with the quizzes. Within each module, you will find readings that will help you to answer quiz questions.