



Associate of Science (AS) to Bachelor of Science in Sport and Exercise Science (Pre-Athletic Training)
Transfer Pathway for College of Western Idaho

Fall - Semester One (CWI)		
Cred	CWI	ISU equivalent
3	CWI 101	AS Degree Req
3	ENGL 101	ENGL 1101
3	EXHS 155 Health and Wellness	AS Exer Sci
2	EXHS 200 Intro to Kinesiology	AS Exer Sci
3	PSYC 101	PSYC 101
14		

Spring - Semester Two (CWI)		
Cred	CWI	ISU equivalent
5	BIOL 226/227P/227L Anat & Phys I	BIOL 2227/L
3	ENGL 102	ENGL 1102
3	EXHS 201 Cultural, Hist, & Phil Found	AS Exer Sci
5	MATH 147	MATH 1147
16		

Fall - Semester Three (CWI)		
Cred	CWI	ISU equivalent
4	BIOL 228/L Anat & Phys II	BIOL 2228/L
3	EXHS 243 Applied Kinesiology	AS Exer Sci
4	EXHS 270/L Motor Learning	AS Exer Sci
3	GEM 5	GenEd Obj 4
14		

Spring - Semester Four (CWI)		
Cred	CWI	ISU equivalent
4	EXHS 290/L Exercise Physiology	AS Exer Sci
3	HLTH 220 Nutrition	NTD 2239
3	HLTH 280 Global Health	GenEd Obj 9
3	COMM 101	COMM 1101
3	GEM 5	GenEd Obj 4
16		

Fall (ISU)	
Cred	Course
3	MATH 1153 Statistical Reasoning
5	CHEM 1111/L General Chemistry I and Lab
4	PHYS 1111/1113 Physics I and Lab
3	HPSS 2223 Foundations of Physical Educ & Sport
15	

Spring (ISU)	
Cred	Course
4	CHEM 1112/L General Chemistry II and Lab
3	HPSS 3300 Movement Theory and Motor Devel
3	HPSS 3322 Intro to Sports Psych
3	BIOL 4453 Foundations in Neuroscience
	*Cognate Exercise Electives (with advisor approval)
13	*9 total cognate exercise discipline electives (use CWI EXHS)

Fall (ISU)	
Cred	Course
4	HPSS 3301/L Physiology of Exercise and Lab
4	HPSS 3302/L Biomechanics and Lab
3	HPSS 3370 Care & Prevention of Athletic Injuries
3	HPSS 4454 Senior Capstone
3	HPSS 4490 Practicum in Physical Education
17	

Spring (ISU)	
Cred	Course
3	HHPS 2222 CPR, First Aid, and Sport Safety
3	HHPS 4414 Athletic Performance Nutrition
3	HPSS 4482 Mechanical Analysis
3	HPSS 4484 Exercise Assessment
3	HPSS 4428 Principles of Strength and Conditioning
15	

CWI Credits = 60 Total

ISU Credits = 60 Total

Total Earned = 120 Credits

Residency and upper-division credits requirements will be satisfied during junior and senior year at ISU.

Begin Master of Science in Athletic Training (MSAT)